



Main table containing school lunch menus, ingredients, and nutritional information. Columns include date, menu items, ingredients, energy, and other nutrients.

* 学校行事・物資購入の都合により、献立が変更・中止になる場合があります。



Summary table with columns for '基準値' (Standard Value) and '今月の平均栄養所要量' (Average Monthly Nutritional Requirements), listing energy, protein, and fat values.